

Need care right away? Walk right in!

Check out the list of walk-in centers and urgent care centers near you.

Now you can take care of 'minor' emergencies without going to the emergency room (ER). A walk-in or urgent care center offers the necessary care without the hassle and expense of an ER visit.

A walk-in or urgent care center can save time.

Choosing a center to treat injuries or illnesses such as minor cuts, earaches, sprains or flu, helps you save time and still get quality care. Since ER waits are longer than ever,¹ if you need non-emergency care, choose the place where you can wait less when you walk in. Most walk-in and urgent care centers are open 12 hours a day and many offer weekend hours.

You could save money, too.

Because of staffing and equipment needs, care in an emergency department is expensive, which could mean higher out-of-pocket costs for you. Going to a walk-in or urgent care center could mean a lower copay. For specific cost and benefit information, call the phone number on the back of your member ID card.

More reasons to go to a walk-in or urgent care center instead of an ER.

- Same types of doctors and medical professionals you'd find in an ER
- More comfortable environment
- No appointment or referral needed

Walk-in and urgent care centers can handle:

- Earaches
- Flu
- Minor cuts and burns
- Sore throats
- Sports injuries
- Sprains and strains
- Other non-life-threatening problems



Health • Dental • Vision • Life • Disability

Find your nearest walk-in and urgent care centers

Check the list below for your nearest centers. Please note that this list is likely to change. For the most updated listing, call the number on the back of your Anthem ID card and speak to a customer service representative.

Urgent care centers

Concord

Concord Hospital Walk-in Urgent Care at Horseshoe Pond, 60 Commercial Street
603-230-1200

Lee

Wentworth-Douglass Hospital Walk-in Urgent Care at Lee, Professional Center
65 Calef Highway, 603-868-8507

Londonderry

Elliot Urgent Care at Londonderry
40 Buttrick Road, 603-552-1550

Manchester

Elliot Urgent Care at River's Edge
185 Queen City Avenue, 603-663-7227

Walk-in centers

Barrington

Barrington Walk-In Center
425 Route 125, 603-664-0955

Bedford

Urgent Care at Bedford Medical Park
5 Washington Place, 603-314-4567

Concord

Concentra
1 Pillsbury Street, 603-223-2300

Conway

Conway Walk in
7 Greenwood Avenue, 603-447-3500

Exeter

Access Walk-In Injury Clinic
1 Hampton Road, 603-775-7750

Lawrence, MA

Merrimack Medical and Walk In Center
25 Marston Street, 3rd Floor, 978-688-3100

Manchester

- Bedford Occupational and Acute Care
One Highlander Way, 603-626-2622
- Concentra
1279 South Willow Street, 603-644-3330

Nashua

- Concentra
14A Broad Street, 603-889-2354
- Healthstop
228 Daniel Webster Highway, 603-888-9200

North Conway

MWV Health Care
3073 White Mountain Highway, 603-356-5472

Sanbornville

White Mountain Medical Center
2531 White Mountain Highway, Suite A, 603-522-0186

Somersworth

Seacoast Redicare
396 High Street, 603-692-6066

Waterville Valley

Crane Clinic/Waterville Valley Ski Clinic
1 Ski Area Drive, 603-236-8311, (ext. 3167)
This facility is open only during winter ski season.

Coming in December 2012!

Windham

Convenient MD Urgent Care
125 Indian Rock Road, 603-890-6330

Need help deciding where to go?

Call 24/7 NurseLine at 800-607-3262 and speak to an experienced registered nurse, at any time, around the clock. You can discuss your symptoms and get help making a decision on whether you need care and, if so, the best place to get it.

Call 911 or go to the emergency room if you think delaying care could put your health at serious risk.